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**Camille Figluizzi**  
Principal

**Assistant Principals**  
Annette Arase  
Joseph Palumbo  
Reginald Roberts  
Frank Rodriguez

Dear Parents:

It is mandatory that all students engaging in Interscholastic Athletics have a comprehensive health appraisal to determine if they are medically eligible to participate. No student is allowed to participate in tryouts or practice without completion and approval of medical history and examinations.

Ideally, this examination can best be done by your own physician who knows him/her well and should include a full history and physical examination, as well as height, weight, blood pressure, urinalysis, vision, Hemotocrit, pulse, Tine or PPD as indicated.

Evidence of an examination by a physician within the previous twelve (12) months is sufficient providing that there have been no injuries or illnesses since that time. If an injury or illness has occurred in the interim, a completed INTERIM MEDICAL HISTORY FORM will be required prior to participating in another sport. The student's physician shall certify that he/she can participate. Forms are available in the School Nurse's office.

Attached are forms, which you and your physician must complete and sign after the examination is finished. It is very important that you return these forms to the school nurse as soon as possible.

Sincerely,

*M.King*

Mike King  
Athletic Director, Westhill High School

*C.F.*

Camille Figluizzi  
Principal, Westhill High School

*Westhill High School values learning because it promotes academic excellence, civic responsibility, and personal growth. Our community provides all students with opportunities to acquire, analyze and apply knowledge.*